



QUICK START MANUAL

Dear Customer,

On behalf of our entire TigerTech team we would like to welcome you to our RHEMOS Family. Kindly circulate this email with various people who will be using the device.

Here are some basic quick start instructions before you start using the RHEMOS Health Monitor. Pls also see attached the user manual & training notes. We recommend that you study this before you start using the device.

IMPORTANT POINTS:

1. Pls charge the device with the supplied charging cable. Pls charge for at least 4 hours for the first time to reach full charge.
2. Pls look for "Mintti Vision" App on Appstore / PlayStore.
3. Every individual user / patient can create an account in the App with their phone number and password. This will ensure that every patient's health data & history is stored separately. Pls store login/passwords carefully.
4. Pls go to settings menu to change temperature settings to Fahrenheit if required.
5. For Temperature pls hold device close to but not touching the center of the forehead - 0.5 cm away and then trigger the test on the App.
6. For SpO2 test, place the fleshy tip of the center finger of your right hand lightly on the SpO2 sensor and start the test. The red LED sensor will come on under your finger and will start transmitting your SpO2 and Heart rate readings to the App and you will see a wave pattern appearing on the App. DO NOT lift your finger from the sensor till the reading is complete and the wave pattern stops.
7. Pls ensure that the RHEMOS device is clicked tightly in the blood pressure cuff before taking BP measurements.
8. Pls ensure that the blood pressure cuff is NOT TIED VERY TIGHTLY around the arm and has room to inflate. If it is tied too tightly, you will get a "air leakage" error. Pls see "up" and "down" arrows on the cuff and ensure that you follow user manual instructions for tying the cuff properly.
9. Pls note that there is a specific way to hold the device for the ECG (with 2 fingers of the left hand touching 2 sensors and 1 finger of the right hand touching the third sensor). This is very important to get a perfect ECG trace, HRV & Respiratory rate.
10. For blood glucose, pls start the test, choose whether the reading is a "fasting" reading or "after meal", choose the strip code & then insert strip in the device as per App instructions. Then, ready the blood sample (with the provided lancet). Once the sample is ready, press "next" on the App and touch the end of the capillary (on the edge of the strip) with your fingerprick blood sample. The App will automatically detect the blood and will start analysis and show the results within a few seconds of the blood sample touching the strip. Readings are shown in mmol/l. To convert to mg/dl, pls multiply the reading by 18.
11. Pls sure the glucose strips are kept in a cool place and are used within 3-5 minutes of removal from the bottle.
12. Pls also note that the RHEMOS switches itself off if unused for some time. If it switches off, you will have to switch it on again and connect it to the App by pressing the "connect" button on the App.



SPECIAL INSTRUCTIONS

- Device cannot be put in UV light for sanitization
- For disinfection of the device, lightly spray a little disinfectant on a soft cloth and rub the device down. Next, wipe the device with a clean dry cloth to make sure that there is no residue on the sensors.
- The device has multiple highly sensitive sensors across its body. Kindly handle with care.
- Pls ensure that the use / patient is well rested, calm and is comfortably seated with a table in front of them to keep the device on to take the readings.
- Pls always ensure that the device is always kept on a steady surface while taking the readings. For the ECG test where you must hold the device in your hands, pls make sure that you hold it with steady hands while resting your arms - from elbow to palm - on a table.
- Do not take readings after stepping off a treadmill or after a brisk walk or run as these will not show normal state readings.
- Do not take body temperature readings after coming out of an airconditioned room or after coming in from the sun.

Please also read the user manual & training notes and watch the video.

In case you need any assistance, please feel free to call us on 7720056565 anytime between 9am and 7pm Monday - Saturday.

We would like to once again thank you for being a customer and look forward to a healthy future.

Aamod Wagh

Founder & CEO